



How Men Can Support!
Rj non-profit organizations
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MEN ALL PAUSE

This zine is called All Men Pause, inspired by the iconic Klymaxx track of the same name—a song that called on men to stop, reflect, and listen. Let this be a space to do just that.



For More Information contact
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LISTEN TO BLACK WOMEN

Establish your plan for fertility.

Rj is not just about abortion access.

Learn the language!

Normalize conversations about sexual health.

MEN ALL PAUSE
How Men Can Support



A survey revealed that 75% of men believe they should be more involved in discussions about reproductive health, indicating a desire for greater engagement and responsibility (Marques, 2023).

Health Education

Approximately 20% of men report not having access to reproductive health services due to stigma and lack of information (Lohan, 2023). Engaging men in reproductive justice initiatives can help break down these barriers and improve overall health outcomes.

Access to Care

Key Statistics

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What is RJ?

Reproductive Justice as termed by Sister Song:

“The human right to maintain personal bodily autonomy, have children, not to have children and parent those children we have in safe and sustainable communities”

By challenging harmful masculinities, men can help dismantle the societal structures that limit women's reproductive rights and health access (Gibbs et al., 2015).

Research indicates that when men are actively involved in discussions and initiatives surrounding reproductive health, it can reframe thinking and behaviors that perpetuate gender inequities (Jewkes et al., 2015).



Previous Studies

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Why should men become allies?

Men must become allies in the reproductive justice space because their support can help challenge harmful legislation, dispel misconceptions, and advocate for policies that protect reproductive freedom

